



No Place Like, by Kerry Andrews – BBC 10 pieces

<https://www.bbc.co.uk/programmes/articles/5clQVzSPv8nPJvVQNdCW0rq/no-place-like-by-kerry-andrew>



<p><u>WARM UP</u></p> <p>Put your hands around your waist. Breathe in and imagine you are trying to inflate like a balloon. Your shoulders should stay still and not rise! Breathe in for 4 and out for 4. Repeat this 10 times.</p>	<p><u>WARM UP</u></p> <p>Warm up your face by imagining you are chewing a piece of gum. Your jaw should be moving a lot. As you chew, imagine that your gum is getting bigger and bigger. How can you show that in your actions?</p>	<p><u>WARM UP</u></p> <p>Practise a tongue twister, such as repeating 'red lorry, yellow lorry' over and over. Another good one is 'she sells seashells on a seashore.' This will warm up your mouth, your tongue and really get your brain working.</p>	<p><u>WARM UP</u></p> <p>Make a siren noise, as though you are a police car. Can you make your voice go as high and as low as possible? Can you change the tempo (speed) of your siren to be a slow siren and then a fast siren? Make your arms go up as your voice goes up in pitch and down as the pitch of your voice lowers.</p>
<p><u>LISTEN</u></p> <p>Listen to the introduction video and the full performance of 'No Place Like' by Kerry Andrew using the link above.</p>	<p><u>APPRAISE</u></p> <p>Did you like the piece of music? How many different types of singing can you hear? Which was your favourite? Can you write a list of all the different things you heard about 'home'?</p>	<p><u>MIND MAP</u></p> <p>Write 'What is home?' in the middle of a piece of paper. Fill your paper with at least 10 ideas of what makes your own home 'home' to you.</p>	<p><u>EXPLORING SOUNDS</u></p> <p>Use your body only to find a sound that is</p> <ul style="list-style-type: none"> • Loud • Quiet • High • Low
<p><u>LISTEN</u></p> <p>Sit in a room in your home and be silent for 1 minute. Make a list of all the things you can hear in that time. This could be anything from other people talking, traffic outside, an animal etc. <u>THEN</u> sit outside in silence for 1 minute. Make a list of all the things you can hear in that time. Are your lists similar or different? Why?</p>	<p><u>EXPLORING SOUNDS</u></p> <p>From the lists of sounds you heard, which sound was the highest? Lowest? Were there any constant sounds? Which sounds did you hear once? Which sounds did you hear several times? Which sound was the furthest away? Which sounds was the nearest?</p>	<p><u>COMPOSE</u></p> <p>Pick 3 sounds from your list of sounds. How can you use your voice and your body to replicate the sounds? Can you add an action to them? Perform your first sound 4 times. Follow straight away with your second sound 4 times and then your 3rd sound 4 times to make a short piece of your own 'No place like' inspired music.</p>	<p><u>COMPOSE AND PERFORM</u></p> <p>Pick a different set of 3 sounds from your list and devise your own way of replicating them with your voice and body. You could add this onto your previous composition OR If there is a spare person in your house, you could ask them to perform it with you. Maybe you take it in turns to perform your sounds or maybe you want both of you to perform at the same time so 2 sounds at a time are happening. Completely your choice...it is your composition!</p>