

How can you help with my learning?

Personal, Social and Emotional Development

Making relationships

- Let me copy the movements you make with your face, like when you open and close your mouth or open and shut your eyes.

Self confidence and self awareness

- Give me one of my favourite toys, the packet of wipes or a clean nappy to hold when you're changing me.

Managing feelings and behaviour

- Tickle my feet.
- Let me see your face and hear your voice when I am grumpy, tired or hungry.



Physical Development

Moving and handling

- Put me on my tummy or back, on a soft mat or blanket, and let me kick my legs.
- Cover my legs with a crinkly blanket or piece of light, soft material so I can kick it off.
- Put my favourite toys by me so that I can reach out and touch it or try to hold it.

Health and self care

- Stroke my cheeks or pat my back as you talk to me.

Communication and Language

Listening and attention

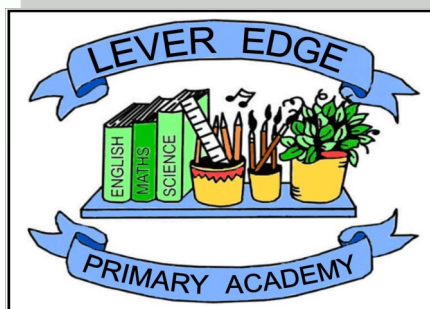
- Play 'peek a boo' games with me. Use your hands or a scarf to hide your face.
- Sing a song or rhyme as you rock or hug me.

Understanding

- Tell me what you're doing as you're changing my nappy or getting me dressed.

Speaking

- Have a chat with me by copying my sounds and babbling.



Mathematics

Numbers

- Hold my hands and help me to clap in time as you sing songs to me.

Shape, space and measure

- I need to play with things and find out what I can do with my hands, feet and body. Let me have my favourite things around me.

Literacy

Reading

- Share board books or cloth books with me.



Expressive Arts and Design

Exploring and using media and materials

- I need to explore lots of different things to find out what I can do with them. Let me make a mess.

Being imaginative

- I need to hear words and learn to use them. Speak with me.

Understanding the World

People and communities

- I need to develop relationships with grown ups. Introduce me to lots of different people.

The world

- Let me hold your finger or scarf.
- Let me play with toys that make different noises.
- Let me look in mirrors.

How can you help with my learning?

Personal, Social and Emotional Development

Making relationships

- Share photos of special grown ups with me.
- Let me meet special grown ups. Tell me their names.

Self confidence and self awareness

- Let me look in a mirror. Point to me and tell me that it's me in the mirror. Point to my nose, arms and legs and tell me what they are.

Managing feelings and behaviour

- Let me get my comforter or special toy when I'm feeling sad or tired.



Communication and Language

Listening and attention

- Share stories with me at bedtime or when we're snuggled up on the sofa.
- Sing songs to me when you're getting me dressed or changing my nappy.

Understanding

- Hold my hands to help me make the actions as you sing songs.

Speaking

- Tell me the names of things as I pick them up to explore.

Physical Development

Moving and handling

- Let me splash my hands and kick my feet in the bath.
- Give me a doll's buggy or trundle trike to push.
- Put my favourite toys on the floor so that I can crawl or bottom shuffle to them. Move them further away to give me a challenge.
- Let me lift the flaps in a board book and share my excitement in what is behind the flap.
- Give me dough so that I can squeeze or squash it with my hands or poke it with my fingers.
- At feeding, changing or bath times share finger play songs with me like 'Round and round the garden'.

Health and self care

- Let me use my fingers to help me feed myself.
- Let me try and use a spoon to eat my food with.



Mathematics

Numbers

- Let me explore a treasure basket with different things in it, like a collection of different types of spoons or a collection of shiny things.
- Sing number rhymes to me, like 'Two Little Eyes to look Around'.

Shape, space and measure

- Let me explore different things to see what I can do with them, like a collection of different types and sizes of balls or things that will roll.

Literacy

Reading

- Let me hold the book as you share the story with me.
- Talk to me about what is happening in the pictures or who you can see in the pictures.

Writing

- Give me chunky pencils/crayons/chalks to play with.

Expressive Arts and Design

Exploring and using media and materials

- Let me use my hands and feet to find out what marks I can make with paint or to make bubbles pop.
- Make sock puppets move to music or songs as you sing to me.

Being imaginative

- I need to play with lots of different things to find out what I can do with them:
scarves, boxes, rattles, safe mirrors.

Understanding the World

People and communities

- I need to develop relationships with grown ups. Introduce me to people when we are out and about.

The world

- Play 'hide and seek' games where I have to find one of my toys.

Technology

- Give me different objects to explore: pots, pans, spoon, paper.



How can you help with my learning?

Personal, Social and Emotional Development

Making relationships

- Play copying games with me, like using the same metal spoon as I've got to make the same noise that I'm making on the fence.

Self confidence and self awareness

- Share photos or videos of me doing things and talk with me about what I'm doing.
- Use my dolls or teddies to show me how to pretend to look after a baby or use my cars to show me how to pretend to go on a journey. Talk to me about the things you are using and what you are doing with them.

Managing feelings and behaviour

- Let me help you to share out the sandwiches and fruit onto plates, so that everyone has something to eat.



Communication and Language

Listening and attention

- Talk to me about the sounds we can hear when we go to the shops or the park.
- Make the sounds of animals and things when you're sharing a book with me.

Understanding

- Play games with me where I have to follow instructions like 'roll the ball' or 'throw the ball'.
- Let me help you with unpacking the shopping by telling me to find different things like 'find the apples' or 'find the crackers'.

Speaking

- Show me and give me choices about what I can have to eat, like 'yoghurt or banana'.

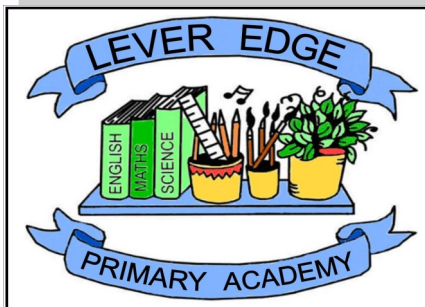
Physical Development

Moving and handling

- Give me a little bag to carry something in when we go shopping.
- Give me a bucket to put interesting things in when I'm digging in the mud.
- Give me rolling pins and cutters to see what I can do with them when I'm playing with the dough.

Health and self care

- Let me wash my hands and face by myself.
- Let me try to put my boots on by myself.



Mathematics

Numbers

- Count with me as you put my clothes on, like 'one sock, two socks' or 'one button, two buttons, three buttons, four buttons'.

Shape, space and measure

- Let me explore what 'full' and 'empty' looks like when I'm playing in the bath with plastic bottles.
- Let me play with puzzles that I have to try and put the piece into the matching space.

Literacy

Reading

- Let me point to things or tell you things as you share my favourite stories with me.

Writing

- Let me make lots of marks using chunky pencils/crayons/chalks.

Expressive Arts and Design

Exploring and using media and materials

- Give me a big piece of paper or shower curtain on the floor to see what marks I can make with a paint brush, my hands or my feet.
- Give me ribbons or scarves to hold as I dance to music.

Being imaginative

- Give me an old telephone so that I can pretend to phone you.
- Give me a bowl of soapy water so that I can wash my baby doll.

Understanding the World

People and communities

- Share stories with me that are about children and families.
- Let me tell you about photos about grown ups who are special to me, my brothers and sisters, my friends and my pets.

The world

- Let me splash in puddles when I'm wearing my boots.
- Let me climb up a little hill and run down it.
- Let me mix water and mud together to make 'mud pies'.

Technology

- Let me use the camera to take pictures of things.



How can you help with my learning?

Personal, Social and Emotional Development

Making relationships

- Make dens from sheets and blankets that I can play in with you or my friends.

Self confidence and self awareness

- Make a box with different things in it, like glue and different types of paper, that I can choose from when I'm making a picture or model from boxes.

Managing feelings and behaviour

- Talk to me about the order I need to do things in, like brushing my teeth or getting ready for bed.



Physical Development

Moving and handling

- Play ball games with me.
- Give me lots of ribbons that I can wave around me.
- Let me try and dress my teddy or doll with different types of clothes, like coats, jumpers and dresses, and different types of fastenings, like buttons, Velcro and zips.

Health and self care

- Let me help get lunch ready by cutting the cheese or bananas.

Communication and Language

Listening and attention

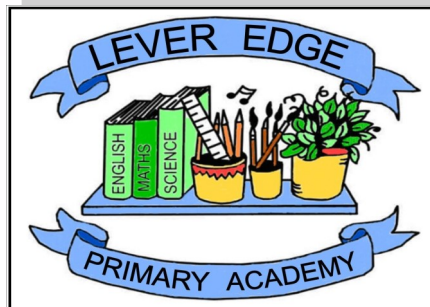
- Use sock puppets or toy people or animals when you're sharing one of my favourite stories or songs with me.

Understanding

- When we're making a sandwich together tell me what you are doing so I know what to do.

Speaking

- When we're playing with things, use new words to describe what I'm doing with them or to tell me what they are called.



Mathematics

Numbers

- Make skittles with me from plastic bottles. Play games where we have to keep a score of how many skittles we've knocked down.
- Sing counting rhymes with me like 'Five Little Men in a Flying Saucer' or '1,2,3,4,5 Once I Caught a Fish Alive'.

Shape, space and measure

- Let me sort the clothes so that I put all the ones with the same pattern or colour like red, spotty or stripy, together.

Expressive Arts and Design

Exploring and using media and materials

- Let me explore the different sounds I can make with everyday things like spoons, pots and plastic bowls.
- Make a box with paper, glue, scissors and crayons that I can use to make pictures.

Being imaginative

- Let me dress up using grown ups' clothes, pieces of fabric, hats and bags so that I can pretend to be somebody else.

Literacy

Reading

- Let me use my toys to help me tell you stories that we've shared.
- When you read me stories that I know really well, stop at different parts and let me tell you the missing word.

Writing

- Draw and paint with me and tell me what you're doing.
- When you're writing lists or filling in forms let me have my own paper or forms so that I can make my own marks.



Understanding the World

People and communities

- Let me taste food from different countries and cultures.

The world

- Let me explore bubbles, windmills or streamers when it's windy.
- Let me use toy cars, buses or trains to make up stories about going to the supermarket, going on holiday or going to nursery.

Technology

- Let me press buttons on things like torches or remote control cars to see what happens.

How can you help with my learning?



Personal, Social and Emotional Development

Making relationships

- Let me build things with my friends using big cardboard boxes and pieces of fabric.

Self confidence and self awareness

- Let me help you match the socks together.

Managing feelings and behaviour

- Let me dress up and pretend to be a nurse, doctor, firefighter, mum or dad.
- Explain to me why I cannot do things like run around the supermarket.

Communication and Language

Listening and attention

- Play listening games with me like 'Simon Says.....' Where I have to copy an action or 'Ready, Steady, Go' where I have to wait to push the ball or car.
- Make up silly sentences with me where each word begins with the same sound as at the start of my name.

Understanding

- When I'm helping you to make the lunch, ask me questions like 'What do I need to cut the apple?' or 'What do I need to pour your milk/water into?' so that I can find you the thing we need.
- When we're tidying up give me simple instructions like 'Put your shoes in the basket' or 'Put the remote control on the sofa.'

Speaking

- Talk to me about things we did or places that we went to yesterday.

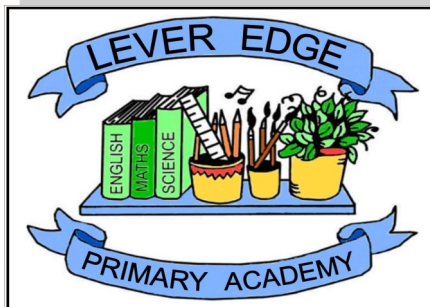
Physical Development

Moving and handling

- Let me practice using children's scissors to cut dough, cooked spaghetti or paper.
- Make an obstacle course in the park or garden where I have to run around benches or chairs, crawl under a blanket and crawl through a cardboard box.

Health and self care

- Make sure I brush my teeth twice a day.



Mathematics

Numbers

- Make a train shed with numbers on so that I can match my trains into the shed with the same number on.
- Put numbers on a skittles game made from plastic bottles. Ask me what number was on the bottle I knocked down.

Shape, space and measure

- Let me build from cardboard boxes or wooden bricks. Use words like 'long' or 'tall' to describe my model.
- Go on a shape walk inside or outside to find things which are the same like 'circles' or 'spheres'.

Expressive Arts and Design

Exploring and using media and materials

- Let me use my paints to mix up my own colours.

Being imaginative

- Help me to use some of my toys to make up a story.
- Give me pieces of material to make a cape or a big cardboard box to make a spaceship when I'm pretending to be somebody else or going on an adventure.

Literacy

Reading

- Set up a pretend shop where I can read the labels on the packets and boxes.
- Read a recipe to me as we're making dough.

Writing

- Tell me what you're writing as you write a shopping list.
- Make a name card for my bedroom door or a placemat with my name on. Let me use these to help me try to write my name by myself.



Understanding the World

People and communities

- Take me out to different places where we live, like the fire station or the library.

The world

- Let me explore mud, rain or snow.
- Plant seeds with me in a pot or in the garden.

Technology

- Let me press buttons, like on the pelican crossing or the doorbell at our friend's house, to see what happens.

How can you help with my learning?

Personal, Social and Emotional Development

Making relationships

- When we go to the park ask me what we can do there or what things we see growing there.

Self confidence and self awareness

- Let me tell you how you can help me when I'm making something.

Managing feelings and behaviour

- Talk to me about how to keep safe when we're going to cross the road at a pelican crossing or zebra crossing.



Communication and Language

Listening and attention

- Play a treasure hunt game with me where I have to listen to your instructions to help me find the next 'clue'.

Understanding

- When we're sharing a story together ask me why I think something has happened or what might happen next.

Speaking

- When we're sharing a story ask me how I think the story might end.
- Make up silly rhymes with me where we use words that begin with the same letter or the words all rhyme, like 'cat', 'bat' and 'hat'.
- Play 'I spy' with me.
- Use different voices, like loud voices or squeaky voices, when we're telling stories.

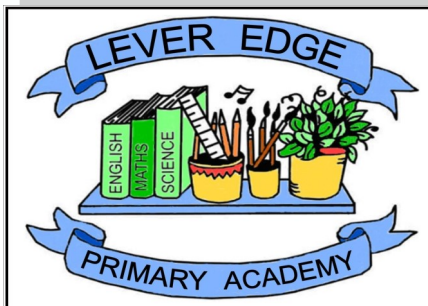
Physical Development

Moving and handling

- Play games with me like football, basketball or throwing balls into bowls or boxes.
- Get me to thread plastic bottle tops with holes onto string or shoe laces.

Health and self care

- Make fruit kebabs or vegetable faces to help me try different types of fruit and vegetables.
- Dance with me when we hear our favourite songs.



Mathematics

Numbers

Shape, space and measure

- Plan a picnic with me and let me decide how many sandwiches and bananas we will need.
- Make a number line with me using birthday cards.
- Play number snap or bingo with numbers that we've cut out of a magazine.
- Sing number songs where I have to count backwards like 'Five Little Ducks' or 'Ten Fat Sausages'.

Shape, space and measure

- Let me sort out the pairs of shoes so that they go from small to big.
- Let me make patterns with buttons or lids, like 'big, small, big'.
- Let me give you instructions for an obstacle course, like 'Go under the blanket', 'Go through the tunnel' and 'Go behind the chair'.

Literacy

Reading

- Make a puppet theatre with me from a cardboard box and puppets, cut out of comics or pictures from websites, to help me make up new stories.
- Make and play games with me that use letters or words.
- Play games where you give me an instruction like 'Can you j-u-m-p?' or 'Can you h-o-p?' and I have to put the sounds of the word together and show you the action.

Writing

- Make a pretend shop with me and let me write the price lists.
- Make number plates with me for my cars.
- Make a photo book of our family or when we went to the park and let me write my own words in it.

Expressive Arts and Design

Exploring and using media and materials

- Pretend stories with me like 'Going on a Bear Hunt' or 'Walking Through the Jungle'.
- Sing and dance with me to my favourite songs.
- Give me string, scissors, sticky tape, glue and boxes to make a model, like a castle or a car.

Being imaginative

- Let me tell you a story about what I'm doing when I'm dressing up and pretending to be a pirate or a doctor.

Understanding the World

People and communities

- Let me help you find the things we need in the shop.
- Have a pretend party for my dolls and teddies with me.

The world

- Make a map with me to show how we get from our house to nursery or the library.
- Draw a road for my cars or a track for my trains with me on a big piece of paper.
- Let me help you water the plants.
- Make coloured ice cubes with me and let me use them to paint with.

Technology

- Let me listen to a story or a song on our radio, CD player, app or website.
- Let me take photos of my favourite toys, special grown ups or when we walk to the bus stop.