



Making Music at Home - KS1 Week 5

W
A
R
M
U
P

Hi everyone, I hope you had a lovely weekend and made lots of lovely rainbow pictures.

Our warm-up song today is 'Water, food, rest and exercise'

<https://youtu.be/SEGCDTdY95s>

Thinking about the words of the song, make a list of the 8

things that we need to help us grow; now look at the signing video and learn the signs for the 8 things: <https://youtu.be/BeMnxDlarOO>



S
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N
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G

This is a beautiful song for you to learn, 'Change and Grow'

<https://youtu.be/LGXvaGPyxsU>

Once you've learned the song, look at the signed video and join in; you could then sing and sign it to your family.

<https://youtu.be/VLksNvn81a0>



With your family, make a 'bucket list' of all the things you would like to do together in the future; maybe you could make a chart for the wall and tick them off as you do them - once life returns to normal!

Here is a favourite Spring song for you all to join in with!
 'Find a Little Seed'

<https://youtu.be/7IcsyVVHHYc>



A
C
T
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V
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T
Y

Have you tried planting your own seeds at home?
 Here is a fun idea for you to try; you will need to ask your parents to get some cress seeds:
 (-and once they've grown you can put them on your healthy salad!)



Thinking about new growth and Spring, here is a lovely piece of music by Vivaldi from 'The Four Seasons'

https://youtu.be/NnURkV1Ou_w

Did you recognise the instruments that were playing?
 We will be looking at some of the instruments from the orchestra next time.



The music created lots of lovely pictures in my mind; why not draw your own picture of everything that makes you think about Spring?

Grown Your Own

Cress Heads



Step 1: Grab a container- an egg cup, empty jar, old margarine container or yoghurt pot

Step 2: Fill three quarters of the way with cotton wool

Step 3: Pour water into the containers to dampen the cotton wool

Step 4: Sprinkle a handful of seeds on top of the cotton wool and wait.....

See a full head of cress-hair in only 6-7 days!!



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