



Making Music at Home - KS1 Week 7

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Hi everyone, this week we are thinking about what makes us happy and what we can do to spread that happiness...

Click on this link and find Mrs Dunphy singing 'I've got a happy face' <https://vimeo.com/showcase/7074920>



Did you know that when we smile, we use lots of muscles in our face? Try making a grumpy face then a smiling face; how much better do you feel? How many different faces can you make?

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'Put on a Smile' has a strong marching beat. Listen to the song and find the heartbeat; you could also practise marching along to the beat or making different actions to move to the beat.

<https://youtu.be/o0QnEzF68fc>

Here is a song, 'A little bit of kindness' which is all about what we can do to brighten someone's day...

<https://youtu.be/iGUABWgeA1Q>



Think about what you could do to make someone in your family - or a friend, happy today...

You could draw a lovely picture for someone, to show that you care.

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What makes you happy?

Here is a fun video of a famous song, 'Happy' by Pharrell Williams

Join in with the dancing and don't forget to clap along with the chorus... <https://youtu.be/q6z-yZwfS5k>



Did you see what makes everyone happy in the video?



Why don't you make a list, or a poster - like the children in the video, of everything that makes you happy? (Hint... It might be something you haven't done for a while!)

I'm happy when... _____

