



# P.E. Overview 2025-26

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	1	2	1	2	1	2
<b>NURSERY 3</b>	<ul style="list-style-type: none"> <li>• Different ways of moving</li> <li>• Moving and climbing on running track</li> </ul>	<ul style="list-style-type: none"> <li>• Different ways of moving</li> <li>• Moving and climbing on running track</li> </ul>	<ul style="list-style-type: none"> <li>• Different ways of moving</li> <li>• Moving and climbing on running track</li> </ul>	<ul style="list-style-type: none"> <li>• Throwing and catching</li> </ul>	<ul style="list-style-type: none"> <li>• Moving and climbing on running track</li> <li>• Throwing and catching</li> </ul>	<ul style="list-style-type: none"> <li>• Games and Races</li> </ul>
<b>RECEPTION</b>	<ul style="list-style-type: none"> <li>• Awareness</li> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Multi Sports</li> <li>• Dance</li> </ul>
<b>YEAR 1</b>	<ul style="list-style-type: none"> <li>• Awareness</li> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> <li>• Swimming</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Competitive</li> <li>• Dance</li> </ul>
<b>YEAR 2</b>	<ul style="list-style-type: none"> <li>• Awareness</li> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> <li>• Swimming</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Competitive</li> <li>• Dance</li> </ul>
<b>YEAR 3</b>	<ul style="list-style-type: none"> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> <li>• Swimming</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Competitive</li> <li>• Outdoor Adventurous Activities</li> <li>• Dance</li> </ul>
<b>YEAR 4</b>	<ul style="list-style-type: none"> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> <li>• Swimming</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Competitive</li> <li>• Outdoor Adventurous Activities</li> <li>• Dance</li> </ul>
<b>YEAR 5</b>	<ul style="list-style-type: none"> <li>• Orienteering</li> <li>• Agility, Balance, Co-ordination (ABC)</li> <li>• Gymnastics</li> <li>• Swimming</li> </ul>	<ul style="list-style-type: none"> <li>• Send and Receive</li> <li>• Attack and defend</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Net and wall</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Strike and Field</li> <li>• Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Competitive</li> <li>• Outdoor Adventurous Activities</li> <li>• Dance</li> </ul>
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