



P.E. Overview 2026-27

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
	1	2	1	2	1	2
NURSERY 3	- Different ways of moving - Moving and climbing on running track	- Different ways of moving - Moving and climbing on running track	- Different ways of moving - Moving and climbing on running track	Throwing and catching	- Moving and climbing on running track - Throwing and catching	Games and Races
RECEPTION	- Awareness - Agility, Balance, Co-ordination (ABC)	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	- Net and wall (tennis) - Dance	Strike and Field	Multi Sports
YEAR 1	- Awareness - Swimming	- ABC (agility, Balance, Coordination) - Attack and defend - Gymnastics	- Athletics - Gymnastics	Net and wall (tennis)	- Send and Receive - Dance	Competitive
YEAR 2	- Awareness - Agility, Balance, Co-ordination (ABC) - Swimming	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	Net and wall (tennis)	Strike and Field	- Competitive - Dance
YEAR 3	- Agility, Balance, Co-ordination (ABC) - Swimming	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	- Net and wall (tennis) - Dance	Strike and Field	- Competitive - Outdoor Adventurous Activities
YEAR 4	- Agility, Balance, Co-ordination (ABC) - Swimming	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	Net and wall (tennis)	- Strike and Field - Dance	- Competitive - Outdoor Adventurous Activities
YEAR 5	- Agility, Balance, Co-ordination (ABC) - Swimming	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	- Net and wall (tennis) - Dance (1 class)	- Strike and Field - Dance (1 Class)	- Competitive - Orienteering - Outdoor Adventurous Activities - Dance (1 Class)
YEAR 6	- Agility, Balance, Co-ordination (ABC) - Swimming	- Send and Receive - Attack and defend - Gymnastics	- Athletics - Gymnastics	Net and wall (tennis)	Strike and Field	- Competitive - Orienteering - Outdoor Adventurous Activities - Dance